



Mass General Brigham  
Newton-Wellesley Hospital

# Having surgery at Newton-Wellesley Hospital





# The morning of my surgery

In the morning, I will not drink anything or eat breakfast.

I will eat food **after** my visit to the hospital.



# Where do we go for surgery?

I will go to the hospital in a car with my family to the East Entrance.

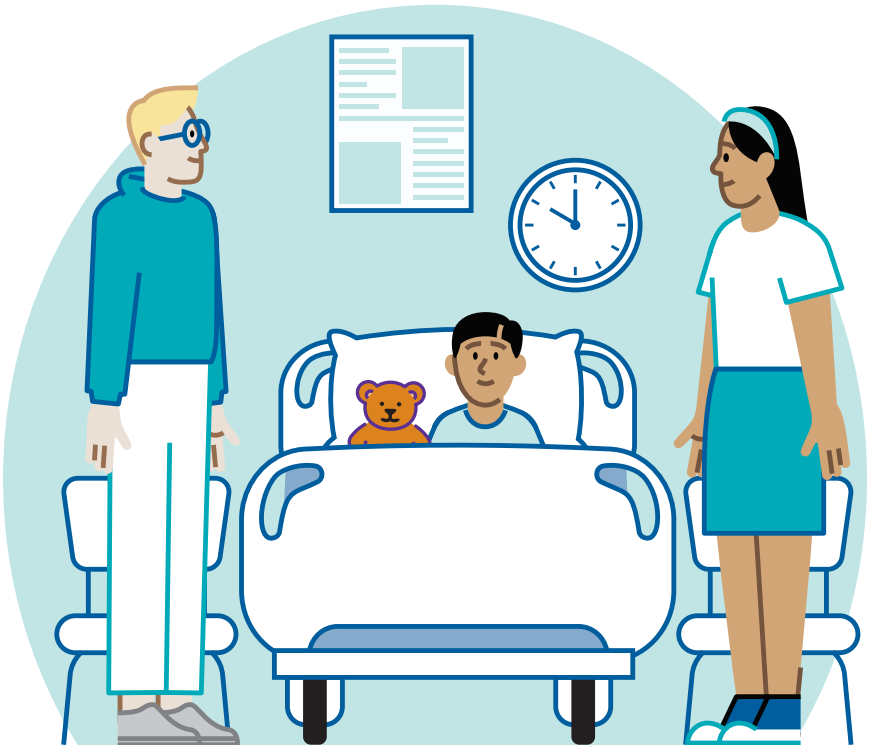
When we are inside the East Lobby we will check in at the desk.

# Take elevator to the second floor

After I check in, I will take the elevator up to the second floor.

# My hospital room

My room will have a bed called a stretcher. A stretcher is a bed that is on wheels that goes up and down. I will also have two chairs for my family to sit in.





## Hospital pajamas and check my weight

I will take off my clothes, and put on the hospital pajamas. My clothes go in the green plastic bag. I will put them back on after my surgery.

Then I will stand on a scale to get my weight.

# Check my blood pressure

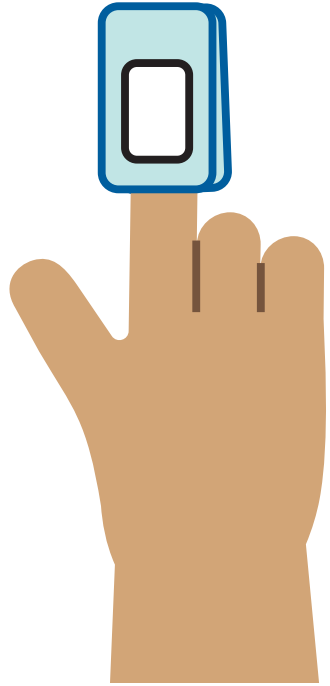
A nurse will take my blood pressure by wrapping a cuff around my arm. The cuff will squeeze my arm like a hug and then it will let go.



## Check my heart rate and temperature

The nurse will check my heart rate by putting a soft clip on the end of my finger.

Then the nurse will check my temperature by putting a thermometer on my forehead and moving it to my ear.



## Talk with doctors before surgery

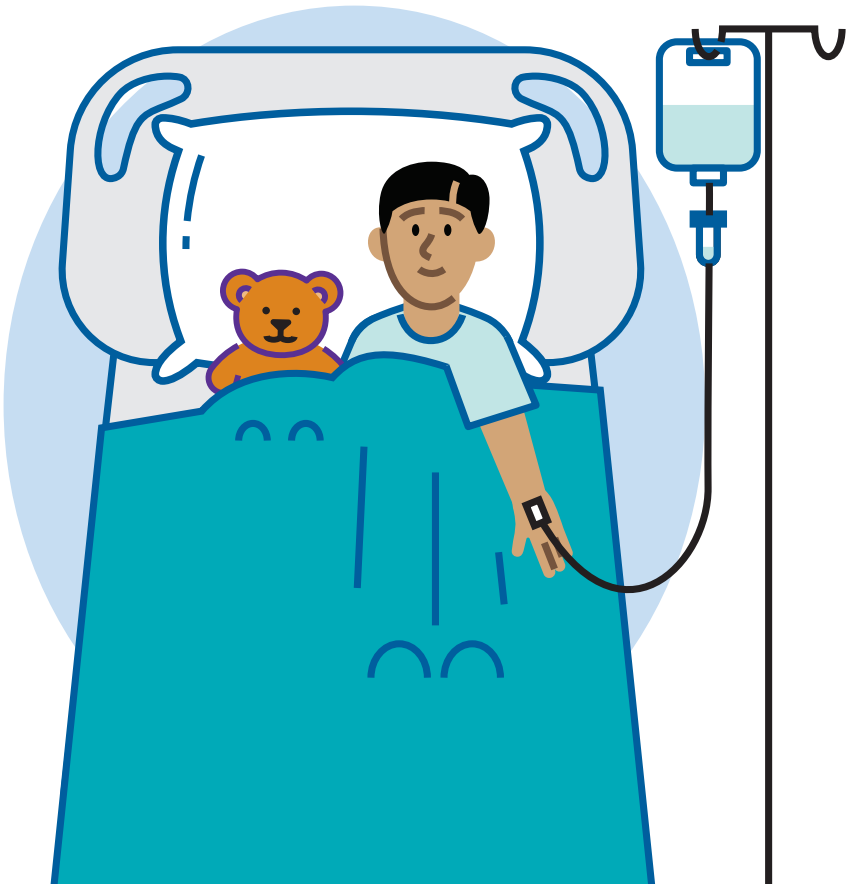
Two doctors will come to my room to talk to me and my parents.

One is the surgeon. The surgeon will be doing surgery on my body.

The other one is an anesthesiologist. The anesthesiologist will help me go to sleep and stay asleep during the surgery.

# The sleep medicine I will take

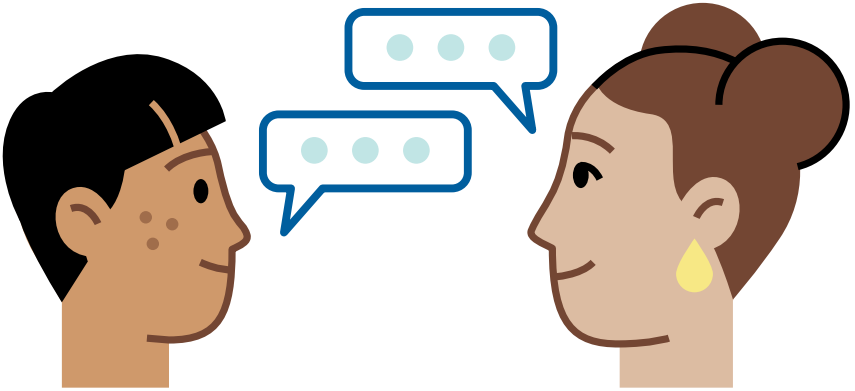
The anesthesiologist will talk with me and my parent about the best way for me to take the sleep medicine. Some children may have a drink of medicine that helps their body relax. All children will get the sleep medicine through a mask or through a tiny straw designed for their body.





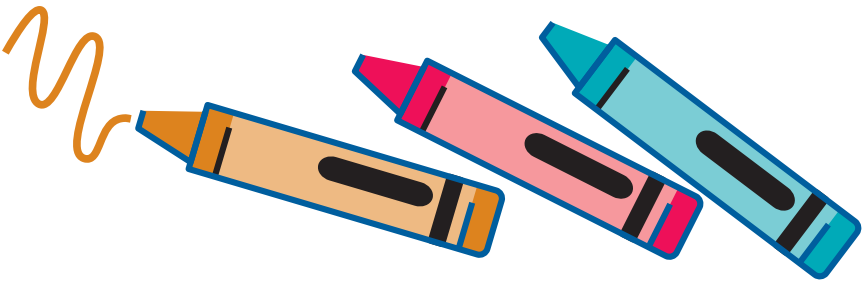
# Talk with my child life specialist

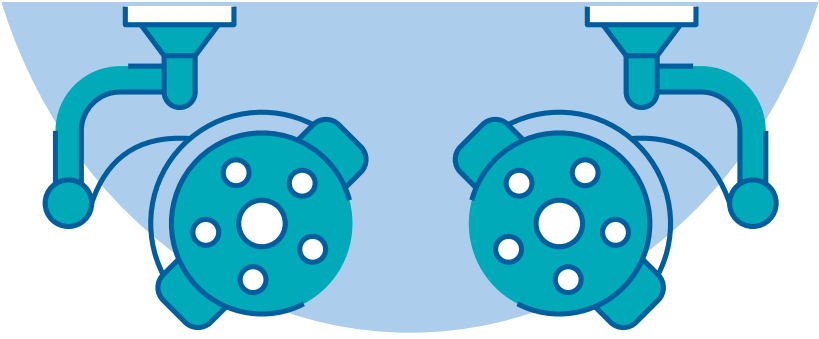
I will also meet my child life specialist. She will help explain things to me, and help me get through anything I am nervous about and give me things to do.



# Time to relax

Then, it is time for me to relax and wait for the doctors. I can do something fun.





## Going to the operating room

When my doctors are ready, nurses will take me to the operating room.

I may be carried back to the operating room, I may walk, or I may ride on a bed with wheels.





## Falling asleep before surgery

If we decide I would get anesthesia in a mask, I will sit on my parent's lap or lie down on the bed to breathe in my mask. If we decide I will get anesthesia in a straw, I will be lying in the bed with my family next to me.

# Waking up in the Wake-up room

Once my surgery is done, I will be in the wake-up room. I will feel sleepy. My throat may feel sore because the doctors did surgery while I was sleeping.

My family will be with me when I wake up.

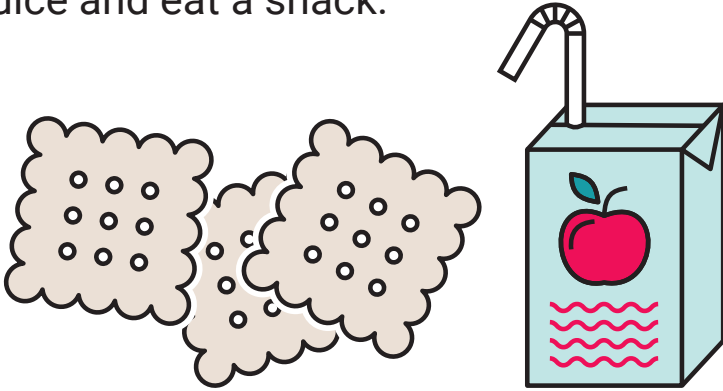


I will have a mask over my nose and mouth with a stretchy band around my head. The mask will be lightly blowing air for me to breathe. My nurse will take off the mask once I am wide awake.

I will have a small tube and tape on my arm or hand called an IV. It will not hurt. The nurse will take it off once I am eating and drinking.

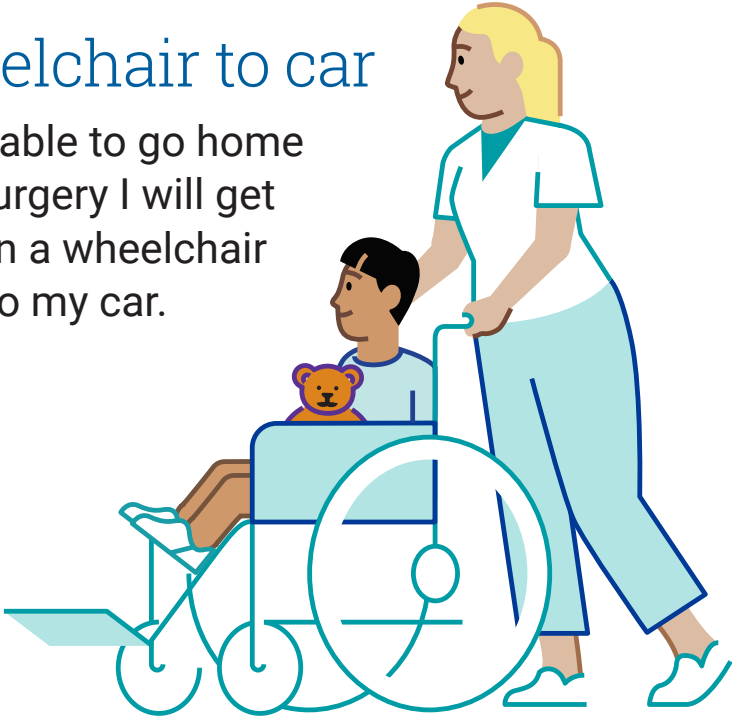
# Have a snack and juice after surgery

My nurse will ask me to drink some water or juice and eat a snack.



# Wheelchair to car

If I am able to go home after surgery I will get a ride in a wheelchair down to my car.



# If I stay overnight

Some children spend the night after surgery. If I need to stay overnight, I will be in my own room on 4South. My parents can stay with me. There will be a bed for me and a bed for my parents.

There is a playroom with lots of toys!





When I am ready to go home

When the doctor says I am ready, I can  
go home!



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